



24/7 Nurseline

Nurses available
anytime you
need them



Health happens – good or bad, 24 hours a day, seven days a week.

That is why we have registered nurses waiting to talk to you whenever you call our 24/7 Nurseline*.

Call **888-901-9357** to speak with a nurse.

Our nurses can answer your health questions and try to help you decide whether you should go to the emergency room or urgent care center or make an appointment with your doctor. You can also call the 24/7 Nurseline whenever you or your covered family members need answers to health questions about:

- Asthma
- Back pain
- Diabetes
- Dizziness or severe headaches
- High fever
- A baby's nonstop crying
- Cuts or burns
- Sore throat
- And much more

Plus, when you call, you can access an audio library of more than 1,000 health topics – from allergies to surgeries – with more than 500 topics available in Spanish.

* 24/7 Nurseline is not available to HMO members.

Note: For medical emergencies, call **911**. This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.